

# First Grade Schedule

★Monday, May 11★

<p style="text-align: center;"><i>Reading</i> 30 Minutes</p> <p>Watch the following Loom Lesson about Non-Fiction Text Elements <a href="https://www.loom.com/share/ea3e4054c209476cbf3eff29b0eee0ce">https://www.loom.com/share/ea3e4054c209476cbf3eff29b0eee0ce</a></p> <p>Use the blank PowerPoint and conduct a non-fiction text features scavenger hunt in your house! Your parents can help you upload your pictures to each page. Do not worry if you do not find all of the features! Find as many as you can!</p> <p>If you cannot complete the PowerPoint, that is okay! You can make your own non-fiction book about ANYTHING and label the non-fiction elements.</p> <p>Send your PowerPoint or pictures of your book to your teacher!</p>	<p style="text-align: center;">SOL Objectives</p> <p>SOL 1.10 The student will read and demonstrate comprehension of a variety of non-fiction texts.</p>
<p style="text-align: center;"><i>Social Studies</i> 30 Minutes</p> <p>Last week students reviewed and learned about the symbols and traditional practices that honor and foster patriotism in the US. This week we will focus on symbols that honor Virginia. Please have your student watch the link below. <a href="https://www.youtube.com/watch?v=2w6hHDA03M&amp;list=PLNmq_T1B9ljk+B5v9528wpYHvjSEZRJJJE&amp;index=20&amp;t=0s">https://www.youtube.com/watch?v=2w6hHDA03M&amp;list=PLNmq_T1B9ljk+B5v9528wpYHvjSEZRJJJE&amp;index=20&amp;t=0s</a></p> <p>For an aerial tour of the state Capital <a href="https://www.youtube.com/watch?v=oEhbF7UvfRI">https://www.youtube.com/watch?v=oEhbF7UvfRI</a></p> <p>Activity: Complete the activity on VA's state symbols.</p> <p><u>Optional Activities:</u> I have included two optional enrichment activities for your student to choose from. The first is on the State Bird, the Cardinal, and the second is on the State tree and flower, the Dogwood.</p>	<p>SOL: 1.12 The student will recognize the symbols and traditional practices that honor the Commonwealth of Virginia by</p> <ul style="list-style-type: none"><li>a) identifying the Virginia flag, state capital building, state bird, state flower and state tree.</li><li>b) describing why people have symbols and traditions.</li></ul>

# ★ Tuesday, May 12th ★

## Reading 30 Minutes

Use your clever badge to access BrainPop Jr. Search “compound words” and the video should be found under reading and writing. Watch the video and take the quiz.

There is no need to turn this quiz in to your teacher.

After taking the quiz, students will get a piece of paper and fold it horizontally. Cut along the fold. You should have two halves of paper. Then, take the sides and fold them where they meet in the middle. See the picture below.



On the inside of each paper “window”, pick a compound word and write it. Remember, there is no space in the middle of a compound word. On the outside of the two folded sides, draw a picture of the two words that make up the compound word!

For example: Write seahorse on the inside. On the left outside flap, draw the sea. On the right outside flap, draw a horse! E-mail your teacher a picture of your projects or post on Flip Grid!

1.5 The student will apply phonetic principles to read and spell.

g) Read and spell simple two-syllable compound words.

## Social Studies 30 Minutes

Today, the students will watch a social studies lesson recorded on Loom. The lesson will review the vocabulary terminology of diverse (diversity), traditions, local government, and volunteering. After watching the lesson, the students can choose between one of the 3 following activities.

Loom Lesson:

<https://www.loom.com/share/11f8989dcdbc49ff8c9cfa02536b37c4>

A) Draw a picture showing how you made or can make a contribute to your community or family and write a few sentences about it.

B) Draw a picture and describe what diversity looks like to you.

C) Draw a picture and write about a family tradition.

SOL: 113 The student will understand that the people of Virginia

A) have state and local government officials who are elected by voters

B) make contributions to their communities

C) include people who have diverse ethnic origins, customs, and traditions and are united as Americans by common principles

SOL: Writing 111 The student will print legibly in manuscript. a) Form letters accurately b) Space words within sentences. 112 The student will write in a variety of forms to include narrative, descriptive, and opinion. a) Identify audience and purpose. b) Use prewriting activities to generate ideas. c) Focus on one topic. d) Organize writing to suit purpose. e) Revise by adding descriptive words when writing about people, place, things, and events. g) Use letters to phonetically spell words. h) Share writing with others.

★Wednesday, May 13th★

## Zoom Meeting

Topic: MRS. MARTIN'S Scavenger Hunt Themed Zoom  
Meeting

Time: May 13, 2020 09:30 AM

Join Zoom Meeting

<https://us02web.zoom.us/j/86999255272?pwd=Z3JXMWJvRXJRdFBmTS50XFVNGN6dz09>

Meeting ID: 869 9925 5272

Password: 020919

## Office Hours 1-2 PM

Teachers will be available by e-mail.

## 1<sup>st</sup> Grade Team Meeting 2-3 PM

Use this time to catch up on any work, play outside, or help  
around the house!

# ★ Thursday, May 14th ★

## Math

30 minutes

Read If You Were a Fraction:

<https://www.youtube.com/watch?v=fRpz4E3nEvU>

### Comprehension Questions:

- What is a fraction? (one or more equal parts of a whole)
- What fraction did the Hippo eat on the vegetarian pizza? (one half)
- What fraction did the Hippo eat on the cheese pizza? (one fourth)
- How were the flags divided up? (in half)
- How did Josie and Jackie split the candy bar? (in half)

Draw a picture of you sharing a candy bar with your friend.

How did Josie, Jackie, Johnny and Joey split the candy bar? (in fourths)

Draw a picture of you sharing a candy bar with three friends.

Complete pages 21 and 22 Of Fair hares Equal Parts Packet

Extension: Play- Sea Fraction on page 13 from Fraction Games for First Grade.pdf

Extension: Play- Farm Fractions on page 14 from Fraction Games for First Grade.pdf

SOL 1.4 The student will  
a) represent and solve practical problems involving equal sharing with two or four sharers; and  
b) represent and name fractions for halves and fourths, using models.

## Science

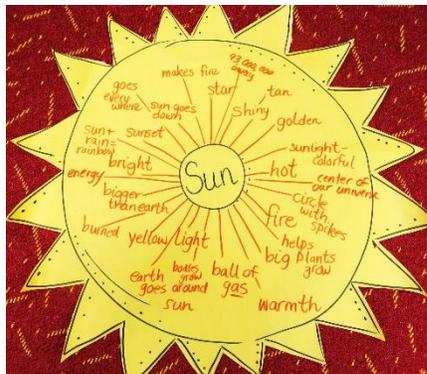
30 minutes

Watch the video on YouTube to learn more about the sun.

<https://www.youtube.com/watch?v=RzkJkEKV8Yk>

After the video, use a blank piece of paper to draw a sun big enough to write several words inside of it. During the video, there were a lot of vocabulary words used such as: gas, hydrogen, temperature, degrees, ect. Write as many vocabulary terms or phrases (4.5 billion years old) inside the sun.

Once you are done, you can decorate your sun! Send your sun to your teacher!



1.6 The student will investigate and understand the basic relationships between the sun and Earth. Key concepts include the sun is the source of energy and light that warms the land, air, and water; and the sun's relative position in the morning is east and in the late afternoon is west.

★ Friday, May 15<sup>th</sup> ★

## Science

30 minutes

Watch the video on YouTube to review why we have day and night.

<https://www.youtube.com/watch?v=Wf-CRKsTYGs>

<https://www.youtube.com/watch?v=hWkKSkI3gkU>

**\*One SOL objective that was difficult for some was remembering and understanding the concept the sun rises in the East and sets in the West, but the sun is not moving, the Earth is moving.**

Use the Sun and Earth Science Journal to review their learning. Re watch the videos as needed. If you do not have a printer, you can complete this on any piece of paper. The Science Journal is an attached PDF file. Add any new vocabulary words you read to your sun from yesterday!

Optional: Create a short Flipgrid video sharing what new information you learned/reviewed this week about the sun!

SOL 1.6 The student will investigate and understand the basic relationships between the sun and Earth.

Key concepts include the sun is the source of energy and light that warms the land, air, and water; and the sun's relative position in the morning is east and in the late afternoon is west.

## Math

30 minutes

**Read/ Watch: Fraction Action** <https://www.youtube.com/watch?v=Q32jqZehANs>

### **Comprehension Questions:**

Draw a circle. Divide it in half. How many equal parts do you have? (2)

What are some real life examples of an object being divided into 2 equal parts?

Draw a circle. Divide it in fourths. How many equal parts do you have? (4)

What are some real life examples of an object being divided into 4 equal parts?

Draw a picture of you sharing a muffin with your friend equally. (2 equal parts)

How did they divide the watermelon at first? (in fourths)

**Complete page 25 Of Fair Shares Equal Parts packet**

**Extension: Play Dinner Time** page 24, directions on page 25 from [Fraction Games to Consolidate the Early learning of Fraction.pdf](#)

**Extension: Play Fraction Match** page 26, directions on page 27 from [Fraction Games to Consolidate the Early learning of Fraction.pdf](#)

**Extension: Play Fraction Fiend** page 28, directions on page 29 from [Fraction Games to Consolidate the Early learning of Fraction.pdf](#)

Optional: Watch: <https://www.youtube.com/watch?v=C44WxGkJICg>

SOL 1.4 The student will  
a) represent and solve practical problems involving equal sharing with two or four sharers; and  
b) represent and name fractions for halves and fourths, using

# ☆Specialist's Corner ☆

P.E. (Mon.) Music (Tues.) Art (Thurs.) Library/Guidance (Fri.)

Newsletter link: <https://www.smore.com/m7zvg>

## Library

Hi All!! I miss seeing your smiling faces! The first activity is a Flip Grid. Please tell me about what you are reading! Did you like the book or not?? Who was your favorite character?? What was your favorite part of the story?? If you really want to get creative, make a book talk telling others about the story you are reading! Look at the great videos your classmates have left!

Use this link to get to the flip grid: <https://flipgrid.com/837ddd96>

The Password is WRESlibrary

(Flip grid videos could be used for Book Talk Tuesday on the WKNT news)

During Library class we read many of the Virginia Readers' Choice books. Books are picked for the Virginia Readers' Choice to encourage young readers to become better acquainted with contemporary books with outstanding literary appeal. The deadline for voting has been extended. Please use this link to have the kids vote for which book was their favorite. (We have not read all ten books, it is ok)

[https://forms.office.com/Pages/ResponsePage.aspx?id=bZqwF-SVHk2F4xzg1N5\\_wYqC1fmr\\_tLusYRPdKHi3FUMEdQVjFPUEZQRDczUk1WRTdJS01JVFBPQy4u](https://forms.office.com/Pages/ResponsePage.aspx?id=bZqwF-SVHk2F4xzg1N5_wYqC1fmr_tLusYRPdKHi3FUMEdQVjFPUEZQRDczUk1WRTdJS01JVFBPQy4u)

Animal Homes Activities:

Go to World Book Online <http://www.worldbookonline.com>

Log in with the user name: pwcschools Password: research (all lower case) \*\*\*

Click on Early Learning

Click on animal homes (it looks like a bee hive)

Click on videos. Pick your favorite animal and watch a video about it.

When you are done do one of the activities. After you are finished send me a flip grid (see above) about 1 thing you learned.

## Music

**Goal: Identify and recognize differences between men, woman, and children's voices**

**Go to the links section of my page in the top left, and click, "useful links".** Click back arrow at top left, and you will see the menu on this website. Click open the purple triangle near the bottom right.

You will now see a green square. If you click the arrow on the right, you will see another square that looks like he has a saw on his head! Go to the next shape, and you will see that purple triangle you saw in the menu. Finally, click forward and see the circle.

Each shape makes a special sound that you can play with. Have fun exploring and CHANGING the sounds by following this process:

1. **Click and HOLD the mouse button and drag slowly up.** The sound will change. Then click it again and drag slowly down. The sound will change again.

**Answer the following questions:**

-when you stretch the shape up, what happens to the sound?

-when you stretch it down, what happens to the sound?

Repeat the 'click and slowly drag' process for each shape. Finally, answer these questions:

**-which shape has a sound that sounds more like:**

a grown man? a grown woman A kid your age? A kid who is in 5<sup>th</sup> grade? any animal

Once you've figured this out, go back to the shapes and play around with the sounds; you can click, drag and HOLD the mouse button, and you'll get some crazy sounds!

**Could you have mom or dad, or big brother take a short video of you playing with these sounds, and guessing who it might sound like? Just have them video you playing with the sounds and creating your favorites. Send me that video to email: [steimejf@pwcs.edu](mailto:steimejf@pwcs.edu)**

## Art

### Alphabet Expressions

1. Complete a Google search of Alphabet art to get a good idea of the subject.
2. Find a piece of white paper, drawing paper is best, but you can use whatever you have available.
3. The best size for your paper will be 12" x 18" if you have it, but 9" x 12" will also work.
4. With parents help, use a pencil to write the letters of the alphabet (as many as you can fit) on the paper. Try not to write them in a straight line! Fit them in as many weird places as you can. Tilt and turn the paper as many times as you want.
5. Use a paint brush and black paint to paint over the letters to make them big and bold. If you do not have black paint, you can use crayons or markers.
7. Use either markers, colored pencils, crayons or paints and color in the whole rest of the paper around your letters.

Please send me pictures of your artwork because I would love to see them!

[greenadb@pwcs.edu](mailto:greenadb@pwcs.edu)



## P.E.

### K – 5 Volleying Skills

Goal: To be able to volley the balloon 5 x your AGE!!!!

Word of the Week: **VOLLEY** - strike or kick (the balloon) before it touches the ground

First thing you will need for this lesson is a balloon.

With help, blow up that balloon and get ready to have some fun.

If you do not have a balloon you can use a beach ball or disposable gloves or zip lock bag.

Objective: Don't let the Balloon hit the ground!

Challenge yourself, use your feet, head, hands to keep the balloon in the air. Try crab kicks, sitting kicks, right hand only, left hand only... See what you can do!

This is another PE teacher with some great examples, my favorite is crab volleyball.

<https://www.wevideo.com/view/1614427122>

Please Let us know on our Flip Grid how this lesson went!

What was the easiest way to dribble what was the hardest?

<https://flipgrid.com/d8672de6>

Password: PEisthebest

### Ms. Warren

Tip: Make numbers with Play- Dough. After the numbers are made, have the children count objects to match to the number.

### Ms. Grzasko

Practice short a words with the Bump game.

## Guidance

### Weekly Lesson - Time Management:

**K - 2nd Grade Guidance Lesson:** This week's lesson is on Time Management. Please have your adult read this PowerPoint for K-2nd Grade with you. There are lots of cool links for you to check out to help you learn how to manage time. Try at least two of the suggested links. The PowerPoint can be found here:

<https://westridgees.pwcs.edu/common/pages/DisplayFile.aspx?itemId=42983126>

## Mrs. Crosson (Reading Specialist)

**Reading Strategy for this week: Look for parts that you know to help you figure out a word while reading.**

Practice using this strategy when you read.

**Watch video:**

<https://www.youtube.com/watch?v=qamanRrcQxw>

Go on a compound word hunt. While you watch the video, try to make a list of all the compound words that you see.

## Mrs. DeBerry

Hi ESOL friends! I have added two new stories to our Seesaw! The first is about spring, and the second is about things you can do by yourself. I have added a few activities to go along with the stories as well. I hope that you are all doing really well. I miss you very much!

## Social Worker

Helpful Resources from our Westridge Social Worker  
Dear Knight Parents,

Fear, uncertainty, and being holed up at home to slow the spread of COVID-19 can make it tough for families to keep a sense of calm. But it's important to help children feel safe, keep healthy routines, manage their behavior and build resilience.

### PARENTING:

Please follow the link for some tips from the American Academy of Pediatrics (AAP) to help your family through the outbreak to address children's fears; how to keep healthy routines, and ways you can help your children manage their emotions and behavior: [https://www.healthychildren.org/English/family-life/family-dynamics/communication-discipline/Pages/Positive-Parenting-and-COVID-19\\_10-Tips.aspx](https://www.healthychildren.org/English/family-life/family-dynamics/communication-discipline/Pages/Positive-Parenting-and-COVID-19_10-Tips.aspx)

### LOCAL RESOURCES UPDATE

**WEEKEND FOOD SUPPORT:** The Prince William County Community Foundation, Inc. Chow Wagon serves non-perishable and perishable foods each Friday to help families provide food for the weekend. The Chow Wagon will be distributing food from 9 to 11 a.m. on the following dates:

May 8 at Lake Ridge Middle School;

May 15 at Saunders Middle School;

May 22 at Potomac View Elementary School; and

May 29 at Fitzgerald Elementary School.

Everyone is welcome.

**FREE FOOD AND DIAPERS:** ACTS, located at 3900 ACTS Lane in Dumfries, provides free food and diapers Monday through Friday, from 9 a.m. - 11:30 a.m., and from 12:30 - 3:00 p.m. for residents of Prince William County, Manassas and Manassas City.

**FREE HOT MEALS:** Every night from 6:15 until 7:30, the gracious congregation at Dar Alnoor Islamic Community Center, 5404 Hoadly Rd, Manassas, VA 20112, will hand out **free hot meals** to everyone in the community in a drive-thru fashion. This is in the mid-county area.

I can be reached at [moulha@pwcs.edu](mailto:moulha@pwcs.edu) if you need assistance.

Take Care and Be Safe,

Heather Moul, LCSW

School Social Worker

Westridge Elementary School

# ☆ Technology Resources ☆

## Math

- Dreambox - Access through Clever

## Phonics

- [www.Lalilo.com](http://www.Lalilo.com) - Login information sent through e-mail.

## Reading

- MyOn- Access through Clever
- Raz-Kids <https://www.raz-kids.com/>  
Login information sent through e-mail

## Social Studies/Science

- BrainPop- Accessed through Clever
- PebbleGo- Username: westridgees password: read
- Think Central- <https://www-k6.thinkcentral.com/ePC/start.do> Login information sent through e-mail

## Technology Help

- [www.typing.com](http://www.typing.com) - Access through Clever

## All Subjects

- Moby Max - [www.mobymax.com/val946](http://www.mobymax.com/val946) - Please see log in information from your teacher
- <https://fluencyandfitness.com/> sign up for free!
- [www.sheppardsoftware.com](http://www.sheppardsoftware.com) free games for all subjects!